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Cravings: Comfort Eats & Favourite Treats

By Debbie Harding

Heritage House Publishing Co Ltd. Paperback. Book Condition: new. BRAND NEW, Cravings: Comfort Eats & Favourite Treats, Debbie Harding, It always comes from nowhere - the craving for your favourite salty or sweet snack that hits you around midnight, on your way home from work, or late in the afternoon. Cinnamon buns, French fries, sugar donuts or popcorn: We all have certain foods that we can't resist. This is your recipe guide to preparing your best-loved indulgences at home. Enjoy your favourite snacks, but also have control of what goes into them. From Handcrafted French Fries to Honey Cinnamon Buns, these delicious treats will satisfy both a budding cook and a seasoned chef. The book is loaded with flavour-filled recipes for entertaining crowds, creating family-style comfort meals and pleasing your own sweet tooth with decadent desserts. Debbie Harding even integrates some healthy and delicious alternatives to indulgent dishes like poutine. Fulfill cravings you did not know you had with helpful beverage pairing suggestions for each recipe. To round everything out, Debbie has also included nutritional analysis, ingredient information and a conversion guide.



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