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By Greg Colby

Human Kinetics. Paperback. Book Condition: New. Paperback. 248 pages. Dimensions: 10.9in. x 8.4in. x 0.6in. Master the skills and techniques to play any position on the field. Football: Steps to Success covers every aspect of the game, from position fundamentals to offensive and defensive schemes and strategies. Football: Steps to Success presents straightforward instruction on essential skills, such as passing, receiving, tackling, blocking, kicking, and punting. Using 58 of the most effective drills, you'll reinforce learning and enhance your development. You'll then learn how to apply each of those skills on offense, defense, and special teams with descriptions and explanations of player roles and position responsibilities. From simple run plays to screen passes, from zone coverage to man-to-man defense, this guide covers it all. Whether you want to sharpen your existing skills or raise your game to an All-Pro level, Football: Steps to Success has you covered. With the series that has sold more than 2 million copies worldwide, you can be assured that the best instruction in the sport is at your fingertips. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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