



The Journal of Best Practices: A Memoir of Marriage, Asperger Syndrome, and One Man's Quest to Be a Better Husband (Hardback)

By David Finch

Scribner Book Company, United States, 2012. Hardback. Book Condition: New. 231 x 160 mm. Language: English . Brand New Book. At some point in nearly every marriage, a wife finds herself asking, What the is wrong with my husband?! In David Finch s case, this turns out to be an apt question. Five years after he married Kristen, the love of his life, they learn that he has Asperger syndrome. The diagnosis explains David s ever-growing list of quirks and compulsions, his lifelong propensity to quack and otherwise melt down in social exchanges, and his clinical-strength inflexibility. But it doesn t make him any easier to live with. Determined to change, David sets out to understand Asperger syndrome and learn to be a better husband-- no easy task for a guy whose inability to express himself rivals his two-year-old daughter s, who thinks his responsibility for laundry extends no further than throwing things in (or at) the hamper, and whose autism-spectrum condition makes seeing his wife s point of view a near impossibility. Nevertheless, David devotes himself to improving his marriage with an endearing yet hilarious zeal that involves excessive note-taking, performance reviews, and most of all, the Journal of...



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