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Dying Happy: The Gift of Choice

By Wendy Mulder

Access Consciousness Publishing, United States, 2015.

Paperback. Book Condition: New. 203 x 127 mm. Language:

English . Brand New Book. Dying Happy - A paradoxical title it seems, however this raw and real account of a carer s experience with the palliative care of her dying Mother offers a very different view on what it means to be a carer, what it means to die and what it means to live. What if you could have more ease with death and dying? In a world where death and dying are considered to be the worst possible outcome , Wendy Mulder tells of her experience in this easy to read, insightful and thought provoking account of a carer s diary. She shares her insights and awareness around death, dying, relationships and self. She also introduces the tools and philosophies of Access Consciousness(r) which she says, enabled her to gain way more ease and have far less judgment of herself, of others and of death itself as she navigated her way through the palliative care process. Whether you are the carer, or you are close to someone who is dying, this journal offers insights into what else is possible if you take...



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